Multislice Spiral Computed Tomography Coronary Angiography in Patients With Stable Angina Pectoris

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OBJECTIVES This study was designed to prospectively evaluate the diagnostic performance of multislice spiral computed tomography (MSCT) coronary angiography for the detection of significant lesions in all segments of the coronary tree potentially suitable for revascularization.

BACKGROUND Noninvasive MSCT coronary angiography is a promising coronary imaging technique.

METHODS Sixteen-row MSCT coronary angiography was performed in 128 patients (89% men, mean age 58.9 ± 11.7 years) in sinus rhythm with stable angina pectoris scheduled for conventional coronary angiography. Sixty percent (77 of 128) of patients received pre-scan oral beta-blockers, resulting in a mean heart rate of 57.7 ± 7.7 beats/min. The diagnostic performance of MSCT for detection of significant lesions (≥50% diameter reduction) was compared with that of quantitative coronary angiography (QCA).

RESULTS The sensitivity of MSCT for detection of significant lesions was 92% (216 of 234, 95% confidence interval [CI]: 88 to 95). Specificity was 95% (1,092 of 1,150, 95% CI: 93 to 96), positive predictive value 79% (216 of 274, 95% CI: 73 to 88), and negative predictive value 98% (1,092 of 1,110, 95% CI: 97 to 99). Two ≥50% lesions were missed because of motion artifacts and two because of severe coronary calcifications. The rest (78%, 14 of 18) were detected but incorrectly classified as <50% obstructions. All patients with and 86% (18 of 21) of patients without significant lesions on QCA were correctly classified by MSCT. All patients with significant left main disease or total occlusions were correctly identified on MSCT.

CONCLUSIONS Sixteen-row MSCT coronary angiography permits reliable detection of significant obstructive coronary artery disease in patients with stable angina in sinus rhythm. (J Am Coll Cardiol 2004;43:2265–70) © 2004 by the American College of Cardiology Foundation

Multislice spiral computed tomography (MSCT) coronary angiography is a promising noninvasive technique for the detection of obstructive epicardial coronary artery disease (CAD), and 16-row MSCT scanners have the potential to further improve its diagnostic performance (1). Complete visualization of all clinically important coronary segments is a prerequisite for MSCT coronary angiography to become an accepted clinical tool for the assessment of patients with suspected CAD. Previous studies performed in relatively small numbers of patients showed high sensitivity and specificity for the detection of significant obstructive lesions (2,3). However, in one study, a significant number of coronary segments were excluded because of poor image quality, and neither report presented a comprehensive lesion-by-lesion comparative analysis.

We prospectively evaluated the diagnostic accuracy of MSCT coronary angiography for the detection of significant lesions in coronary segments potentially amenable to revascularization (≥2 mm in diameter).

METHODS

Study population. During a period of six months, we studied 128 patients (113 men, 15 women, mean age 58.9 ± 11.7 years) with stable angina pectoris scheduled for conventional coronary angiography. Only patients in sinus rhythm able to perform a 20-s breath-hold were included. Exclusion criteria were contraindications to iodinated contrast (e.g., known allergy, serum creatinine >120 mmol/l, and thyroid disorders), patients with previous bypass surgery, and patients presenting with an acute coronary syndrome. No patients of the previously reported studies were included in the present study.

The institutional review board of our institution approved the study and all patients gave written, informed consent. Patient preparation. A single oral dose of 100 mg metoprolol (Selokeen, AstraZeneca Pharmaceuticals, London, United Kingdom) was administered 1 h before the scan if the heart rate was ≥65 beats/min.

Scan protocol and image reconstruction. All scans were performed using a 16-row MSCT scanner (Sensation 16, Siemens, Germany). Scan parameters were: detector collimation 16 × 0.75 mm, tube rotation time 420 ms, table feed 3 mm/rotation, tube voltage 120 kV, and tube current 400 to 450 mAs. Prospectively triggered X-ray tube current modulation was applied in patients with a heart rate below 60 beats/min and in the absence of any rhythm disturbances during a monitoring period of approximately 1 min. This feature reduces the radiation output of the X-tube during the less important systolic phase, thereby decreasing the total radiation dose by 40% to 50% in patients with low heart rates (4,5). A bolus of 100 ml of contrast (Visipaque...
320, Amersham Health, Forchheim, United Kingdom) was injected intravenously at a flow rate of 4 ml/s. An automated bolus tracking system was used to synchronize the arrival of the contrast material with initiation of the scan. All data were acquired during a single breath-hold of approximately 20 s, and images were reconstructed using retrospective ECG gating. To obtain motion-free images, standard reconstruction windows were selected during the mid-to-end diastolic phase (350, 400, and 450 ms before the next R-wave). Additional image reconstruction windows were explored when deemed necessary. The reconstruction algorithm uses data obtained in half gantry rotation time, resulting in a temporal resolution of up to 210 ms. In case of a heart rate of >70 beats/min, a bi-segmental reconstruction algorithm is applied that uses data obtained from two consecutive heartbeats, reducing the effective reconstruction interval per heart cycle down to 105 ms, depending on the heart rate (1).

**Quantitative coronary angiography (QCA).** The mean (±SD) interval between the MSCT scan and conventional coronary angiography was 19.1 ± 10.4 days. The coronary arteries were divided into segments according to the American Heart Association classification (6). A single observer, unaware of the MSCT results, classified all coronary segments as ≤2 and ≥2 mm in diameter using a QCA algorithm (CAAS, Pie Medical, Maastricht, Netherlands). Only segments classified as ≥2 mm were considered for comparison with MSCT. The severity of coronary stenoses was quantified in two orthogonal views, and a stenosis was classified as significant if the mean lumen diameter reduction was ≥50%.

**MSCT image evaluation.** Two observers blinded to the results of conventional coronary angiography independently evaluated all of the MSCT scans. Thin-slab maximum intensity projections with a slice thickness of 2 to 6 mm, depending on the presence of adjacent structures or coronary calcifications, were used to screen for coronary stenoses. Multiplanar reconstructions were used to obtain more detailed information.

All main branches as well as large (≥2 mm in lumen diameter) side branches of the coronary tree were evaluated for the presence of significant (≥50% diameter reduction) obstructive stenoses. Segments with stents were excluded from analysis because beam-hardening artifacts and partial volume effects hamper reliable visualization of the coronary lumen. Image quality of all segments was classified as good, adequate, or poor. Good image quality was classified as the absence of any image-degrading artifacts related to motion, noise, or calcification. In the presence of image-degrading artifacts, image quality was classified as adequate or poor. Adequate image quality allowed the assessment of significant lesions with moderate confidence, whereas poor image quality allowed the assessment of significant lesions with only a low confidence.

The presence of calcium in the coronary wall was systematically assessed. Each segment was classified as noncalcified, moderately calcified (small isolated eccentric high-density lesions in the coronary wall), or heavily calcified (high-density lesions extending longitudinally along the coronary wall, causing beam hardening and partial volume artifacts). Disagreements were resolved by consensus.

**Statistical analysis.** The diagnostic performance of MSCT coronary angiography for the detection of significant obstructive lesions, with QCA as the standard of reference, is presented as sensitivity, specificity, and negative and positive predictive value. These diagnostic parameters are expressed with a 95% confidence interval calculated with binomial expansion. On a lesion-by-lesion analysis, inter- and intraobserver variability for the detection of significant lesions was calculated and expressed as kappa values. The most proximal significant stenosis was considered as the predominant lesion in the vessel-based analysis.

**RESULTS**

Sixty percent (77 of 128) of the patients received a beta-blocker before the MSCT scan and 42 of these patients were already receiving beta-blockers. The mean (±SD) heart rate was 57.7 ± 7.7 during the scan procedure. The total scan time was 18.2 ± 1.4 s. One scan could not be evaluated because of technical failure. Prospectively triggered X-tube modulation was applied in 64% (81/127) of the remaining patients.

Conventional coronary angiography revealed no significant stenoses in 17% (21 of 127), one-vessel disease in 35% (44 of 127), two-vessel disease in 35% (44 of 127), and three-vessel disease in 14% (18 of 127) of patients. Six patients had significant left main stenosis.

**Lesion-by-lesion analysis: overall performance of MSCT.** A total of 1,384 non-stented segments with a diameter ≥2 mm were analyzed for the detection of significant obstructive coronary stenoses (37 segments with stents were excluded). Per patient, we included 10.9 ± 1.9 segments for analysis. Image quality was classified as good in 75% (1,049 of 1,384) of segments, adequate in 18% (243 of 1,384) of segments, and poor in 7% (92 of 1,384) of segments. Causes of poorly assessable segments were motion artifacts (63%, 58 of 92), severe calcification (30%, 28 of 92), and low contrast-to-noise ratio (7%, 6 of 92). Motion artifacts were most frequently located in the mid-right coronary artery. Inter- and intraobserver variability for the detection of significant lesions had kappa values of 0.71 and 0.79, respectively.

The sensitivity was 92% (216 of 234, 95% confidence
interval [CI]: 88 to 95), the specificity was 95% (1,092 of 1,150, 95% CI: 93 to 96), the positive predictive value was 79% (216 of 274, 95% CI: 73 to 88), and the negative predictive value was 96% (298 of 329, 95% CI: 86 to 95); specificity was 91% (298 of 329, 95% CI: 86 to 93), positive predictive value was 85% (177 of 208, 95% CI: 79 to 91), and negative predictive value was 96% (298 of 309, 95% CI: 93 to 98). All significantly obstructed left main coronary arteries (n = 6) and total occlusions (n = 60) were correctly identified on the MSCT scan.

**Patient-based analysis.** Multislice spiral computed tomography coronary angiography correctly identified 18 of 21 (86%) patients without significant stenoses on angiography. No patient with single-vessel disease (n = 44) on angiography was incorrectly classified as having no significant coronary disease on MSCT; however, 15 patients were classified as having multivessel disease. Fifty-five patients with multivessel disease (n = 62) on angiography were correctly classified on MSCT; the remaining seven patients were classified as having single-vessel disease.

Overall, all patients with a significant stenosis in one or more vessels were correctly classified as patients with CAD.

### Table 1. Results: Detection of Significant (≥50%) Stenoses With 16-Row Multislice Spiral Computed Tomography Coronary Angiography

<table>
<thead>
<tr>
<th>Coronary Segment</th>
<th>Sensitivity</th>
<th>Specificity</th>
<th>Positive PV</th>
<th>Negative PV</th>
</tr>
</thead>
<tbody>
<tr>
<td>All segments</td>
<td>94% (88/94)</td>
<td>79% (1,092/1,384)</td>
<td>98% (329/337)</td>
<td>84% (298/349)</td>
</tr>
<tr>
<td>LM</td>
<td>96% (81/84)</td>
<td>97% (298/308)</td>
<td>99% (329/338)</td>
<td>85% (298/353)</td>
</tr>
<tr>
<td>LAD</td>
<td>94% (77/79)</td>
<td>84% (274/329)</td>
<td>96% (329/345)</td>
<td>78% (274/355)</td>
</tr>
<tr>
<td>Proximal</td>
<td>86% (50/59)</td>
<td>79% (216/274)</td>
<td>92% (216/234)</td>
<td>84% (274/322)</td>
</tr>
<tr>
<td>Middle</td>
<td>90% (77/85)</td>
<td>87% (234/271)</td>
<td>95% (234/250)</td>
<td>80% (234/293)</td>
</tr>
<tr>
<td>Distal</td>
<td>93% (85/36)</td>
<td>89% (236/264)</td>
<td>97% (236/242)</td>
<td>82% (236/283)</td>
</tr>
<tr>
<td>Side branches</td>
<td>77% (69/21)</td>
<td>77% (216/279)</td>
<td>91% (216/234)</td>
<td>70% (216/306)</td>
</tr>
<tr>
<td>CX</td>
<td>92% (77/84)</td>
<td>89% (228/254)</td>
<td>95% (228/245)</td>
<td>81% (228/280)</td>
</tr>
<tr>
<td>Proximal</td>
<td>97% (77/79)</td>
<td>97% (279/289)</td>
<td>99% (279/286)</td>
<td>92% (279/301)</td>
</tr>
<tr>
<td>Middle</td>
<td>95% (80/84)</td>
<td>93% (280/301)</td>
<td>97% (280/289)</td>
<td>88% (280/311)</td>
</tr>
<tr>
<td>Side branches</td>
<td>72% (55/77)</td>
<td>70% (279/398)</td>
<td>88% (279/327)</td>
<td>65% (279/416)</td>
</tr>
<tr>
<td>RCA</td>
<td>79% (73/93)</td>
<td>79% (279/355)</td>
<td>92% (279/304)</td>
<td>75% (279/360)</td>
</tr>
</tbody>
</table>

**CX** = circumflex coronary artery; **FN** = false negative; **FP** = false positive; **LAD** = left anterior descending coronary artery; **LM** = left main coronary artery; **MSCT** = multislice spiral computed tomography; **PV** = predictive value; **TP** = true positive; **TN** = true negative.

### Table 2. Diagnostic Performance of Multislice Spiral Computed Tomography Coronary Angiography for the Detection of Significant Obstructive Lesions

<table>
<thead>
<tr>
<th>Segments</th>
<th>Sensitivity</th>
<th>Specificity</th>
<th>Positive PV</th>
<th>Negative PV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Non-calciated</td>
<td>87% (76–97)</td>
<td>98% (96–98)</td>
<td>80% (69–91)</td>
<td>90% (97–99)</td>
</tr>
<tr>
<td>Moderately calci</td>
<td>90% (80–97)</td>
<td>95% (92–97)</td>
<td>79% (68–90)</td>
<td>98% (95–99)</td>
</tr>
<tr>
<td>Heavily calci</td>
<td>98% (92–94)</td>
<td>85% (78–90)</td>
<td>78% (69–86)</td>
<td>99% (95–99)</td>
</tr>
<tr>
<td>Overall</td>
<td>92% (88–95)</td>
<td>95% (93–96)</td>
<td>79% (73–88)</td>
<td>98% (97–99)</td>
</tr>
</tbody>
</table>

Noncalciated = complete absence of coronary calcification; moderately calci = Small isolated eccentric calcified deposits; Heavily calci = Large deposits of calcium expanding longitudinally along the coronary wall, causing partial volume effects and beam-hardening artifacts. Abbreviations as in Table 1.
Sensitivity for classification of patients with or without CAD was 100% (106 of 106, 95% CI: 96 to 100), specificity was 86% (18 of 21, 95% CI: 63 to 96), positive predictive value was 97% (106 of 109, 95% CI: 92 to 98), and negative predictive value was 100% (18 of 18, 95% CI: 81 to 100).

**DISCUSSION**

Complete visualization of all clinically important coronary segments is a prerequisite for MSCT coronary angiography to become an accepted clinical tool for the assessment of patients with suspected CAD. Previous studies in relatively small cohorts showed high sensitivity and specificity for the detection of significant obstructive lesions (2,3). The major finding of the present study, which compared MSCT with QCA, is that 16-row MSCT is a robust tool for assessing the presence of significantly obstructed coronary artery in the clinically important part of the coronary tree (Figs. 1 and 2). All MSCT segments corresponding to angiographic segments with a diameter above 2 mm on QCA were analyzed, without any prespecified exclusion criteria based on the quality of the MSCT images. This resulted in 10.9 ± 1.9 available segments per patient. For the segment-based analysis, both the overall sensitivity and specificity were found to be above 90% (92% and 94%, respectively). Image quality was classified as poor in 7% of the segments. However, these segments were included in the comparative analysis with QCA.

The current-generation 16-slice scanners have a higher spatial and temporal resolution when compared with previous scanners, resulting in an improvement in the diagnostic accuracy of MSCT angiography (7–10).

One-half of the segments contained calcified deposits in the coronary wall. Calcifications are high-density structures causing beam-hardening artifacts and partial volume effects on computed tomography. These artifacts have an important impact on the evaluation of calcified lesions. Only two lesions in the present study were missed because of severe calcifications, but 26 heavily calcified lesions were overestimated. The majority of these lesions appeared as wall irregularities on conventional angiography.

Another 32 overestimated lesions with a mean diameter reduction of 40% on QCA (range between 30% and 48%) were noncalcified or moderately calcified. This probably reflects the semiquantitative nature of the evaluation of coronary lesions with MSCT.

One-third of the missed ≥50% lesions were located in the circumflex and a further one-third in smaller side branches. The circumflex coronary artery is more difficult to evaluate, probably because of its tortuous course and overlapping structures, whereas the relatively high number of missed lesions in smaller side branches suggest a lower diagnostic performance of MSCT angiography in branches toward the threshold of 2 mm.

All patients with at least one significant obstruction on QCA were correctly classified as having CAD with MSCT. This suggests that the current generation of scanners may be a suitable tool to triage patients with stable angina who are
being considered for revascularization. Further studies are needed to determine the role of this technique in the clinical workup of patients with other presentations of coronary disease or who are being evaluated to exclude significant disease.

**Study limitations.** Only patients with stable angina were included in this study. Whether a broader group of patients might benefit from this technique (excluding patients with severe arrhythmia) must be explored, but there are no reasons to believe that results would differ in patients with acute coronary syndromes.

In our study we noted that the sensitivity of detection for noncalcified obstructive lesions tended to be lower. This is caused by the fact that these lesions have a relatively low tissue contrast and may be missed, especially in small vessel segments. This may be problematic in younger patients with a lower likelihood of lesion calcification. Dedicated automatic software that is able to detect and calculate the degree of coronary stenoses would improve diagnostic accuracy.

The high radiation exposure during MSCT coronary angiography, which is reported between 6.7 and 13.0 mSv (5,11,12), remains a matter of concern. Further fine-tuning of the prospective X-ray tube current modulation and development of new features lowering radiation exposure is highly desirable.

**Conclusions.** Multislice spiral computed tomography coronary angiography permits reliable detection of CAD in a population of patients in sinus rhythm with stable angina.

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REFERENCES